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## Legal Information or Self-Help

### Courthouse Libraries BC

1-800-665-2570  
Lower Mainland: 604-660-2841  
[www.courthouselibrary.ca](http://www.courthouselibrary.ca)

### Dial-A-Law (recorded legal information)

1-800-565-5297  
Lower Mainland: 604-687-4680  
[dialalaw.peopleslawschool.ca](http://dialalaw.peopleslawschool.ca)

## Legal Advice or Representation

### Lawyer Referral Service

(Free initial 30 minute consultation)  
1-800-663-1919  
Lower Mainland: 604-687-3221  
<http://www.accessprobono.ca/lawyer-referral-service>

### Legal Aid Call Centre

(interpreters available in over 100 languages)  
1-866-577-2525  
Lower Mainland: 604-408-2172  
<https://legalaid.bc.ca/>

### Access Pro Bono

(free legal advice for low income people)  
1-877-762-6664  
Lower Mainland: 604-878-7400  
[www.accessprobono.ca](http://www.accessprobono.ca)

## Provincial Government

### General Enquiries to Government of BC

1-800-663-7867  
Lower Mainland: 604-660-2421  
Victoria: 250-387-6121  
TDD: 711  
VRS: 1-800-663-7867  
<https://www2.gov.bc.ca/gov/content/home/get-help-with-government-services>

### Ombudsperson for BC

1-800-567-3247  
Victoria: 250-387-5855  
<https://bcombudsperson.ca/>

## Federal Government

### Service Canada

1-800-622-6232  
TTY: 1-800-926-9105  
<https://www.canada.ca/en/employment-social-development/corporate/contact.html>

## Your Communities

### Disabilities

#### Advocacy Access

1-800-663-1278  
Lower Mainland: 604-872-1278  
<http://disabilityalliancebc.org/direct-service/apply-for-disability-benefits/>

### Seniors

#### Seniors Abuse and Information Line

1-866-437-1940  
Lower Mainland: 604-437-1940  
TTY: 604-428-3359 or 1-855-306-1443  
<http://seniorsfirstbc.ca/programs/sail/>

## Your Safety

### Elizabeth Fry Society of Greater Vancouver

1-888-879-9593  
Lower Mainland: 604-520-1166  
[www.elizabethfry.com](http://www.elizabethfry.com)

### National Parole Board Record Suspension Info

1-800-874-2652  
<https://www.canada.ca/en/parole-board.html>

TDD/TTY = Telephone Device for the Deaf and Hard of Hearing

VRS = Video Relay Service for the Deaf, Hard of Hearing, or speech-impaired

Questions, feedback or corrections? Contact [lawmatters@courthouselibrary.ca](mailto:lawmatters@courthouselibrary.ca) or call 604-660-9204

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## VictimLINK

1-800-563-0808

TTY: 604-875-0885 (collect accepted)

Text: 604-836-6381

<https://www.clicklaw.bc.ca/helpmap/service/1055>

## Your Family

### Justice Access Centres (JACs)

1-800-578-8511 (Nanaimo)

1-800-663-7867 (Enquiry BC – ask for  
Victoria or Victoria JACs)

<https://www2.gov.bc.ca/gov/content/justice/about-bcs-justice-system/jac>

### Family Justice Counsellors

1-800-663-7867 (Call Service BC)

Lower Mainland: 604-660-2084

Victoria: 250-356-7012

<https://www.clicklaw.bc.ca/helpmap/service/1019>

### Family Maintenance Enforcement Program

Lower Mainland: 604-678-5670 or

1-800-663-9666

Victoria: 250-220-4040 or 1-800-663-3455

North & Interior: 250-434-6020 or

1-800-663-3933

[www.fmep.gov.bc.ca](http://www.fmep.gov.bc.ca)

### Family LawLine

Greater Vancouver: 604-408-2172

Elsewhere in BC: 1-866-577-2525

<https://family.legalaid.bc.ca/call/family-lawline>

### Grandparents Raising Grandchildren Support Line

1-855-474-9777

Lower Mainland: 604-558-4740

<https://www.parentsupportbc.ca>

### Helpline for Children in BC

310-1234 (no area code needed)

<https://www2.gov.bc.ca/gov/content/safety/public-safety/protecting-children/keeping-kids-safe>

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## Your Daily Life

### Housing, Tenancy & Neighbors

#### Tenant Infoline

1-800-665-1185

Lower Mainland: 604-255-0546

<http://tenants.bc.ca>

#### Residential Tenancy Branch

1-800-665-8779

Lower Mainland: 604-660-1020

Victoria: 250-387-1602

<https://www2.gov.bc.ca/gov/content/housing-tenancy/residential-tenancies>

## Employment

#### Employment Standards Branch

1-833-236-3700

<https://www2.gov.bc.ca/gov/content/employment-business/employment-standards-advice/employment-standards/contact-us>

#### Workers' Advisers Office

1-800-663-4261

Lower Mainland: 604-335-5931

<https://www2.gov.bc.ca/gov/content/employment-business/employment-standards-advice/personal-injury-and-workplace-safety>

## Rights & Citizenship

#### BC Civil Liberties Association

1-855-556-3566

Lower Mainland: 604-687-2919

<https://bccla.org/>

#### BC Human Rights Clinic

Lower Mainland: 604-622-1100

Toll-free: 1-855-685-6222

<https://bchrc.net/>